



Seahaven Academy

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Going to Secondary School: Information for Students



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Welcome to Seahaven Academy: Class of 2026!

This booklet has been designed by our current Year 7 students. The information included has been carefully selected by them as it tells you exactly what you'll want to know before starting at Seahaven Academy. It might be handy to read through on your own, with a friend or even to have in your bag on your first day. We hope you find it useful!

The School Day

When we get to school you go to our tutor group first, we line up and have "Roll Call". Roll Call is where the tutor checks that we are wearing the correct uniform and all the right equipment. If you forgot something you are able to borrow it, but it is really important that you remember everything that you need.

This is what the day is like at the moment:

7.55am		<i>Morning Bell</i>
8.00am	- 8.05am	Roll Call
8.05am	- 8.25am	Tutor/Assembly
8.25am	- 9.25am	Period 1
9.25am	- 10.25am	Period 2
10.25am	- 10.40am	Break
10.40am	- 11.40am	Period 3
11.40am	- 12.40pm	Period 4
12.40pm	- 1.10pm	Lunch
1.10pm	- 1.15pm	<i>Afternoon Warning Bell</i>
1.15pm	- 2.15pm	Period 5

When you first start school you are given a timetable and you follow that each day. It looks like this:

	1	2	3	4	5
MonA	Maths KAL E17	Drama TP N11	French MTA E03	Maths KAL E01	English RK E03
TueA	P E SRE FLD	Geography JLF E03	English CJO E03	integrated sc PMG E03	Technology SSH N12
WedA	History MMO E03	Technology SSH N12	Art & Des CJC N37	integrated sc PMG E03	Maths KAL E17
ThuA	English RK E03	Religious St HCH E03	integrated sc TFO E03	History MMO E03	Maths KAL E17
FriA	French MTA E03	Geography JLF E03	Maths KAL E17	English CJO E03	integrated sc TFO E03

This is the
subject

This is the initials of your
teacher (don't worry there is
a list of their names at the
bottom of the timetable)

This is the room
that you need to
go to

Uniform – What to Wear

We have a really simple and smart uniform as it helps us feel like we belong and keeps us looking neat and tidy. This is what you need to wear every day:

- Seahaven black blazer
- Orange, black and grey tie
- School Jumper (you don't have to wear this everyday but it is useful if you get cold)
- Black trousers or black "Charleston" style skirt (the skirt should come to your knees)
- White school shirt
- Black school shoes (they have to be plain, no trainers, boots, branded shoes or cloth shoes) with black socks or black tights.
- School coat (You don't have to wear a coat but the school is on the top of the cliff so it is quite windy. You can't wear hoodies though)



When you do PE this is what you need to wear:



- Black PE T-shirt with Seahaven badge.
- Plain black football shorts.
- Plain black PE socks.
- Black jumper with Seahaven badge.
- Shin pads (you have to have these).
- Trainers (These can be in any colour and you need to bring them every lesson).

- Football boots (These can be in any colour and you need them for taking part in PE on the field).
- Black tracksuit bottoms or Seahaven Leggings (these aren't uniform but are really good for keeping warm).

Other important things to remember about the uniform are:

- If your hair is dyed it needs to be in natural hair colours and the style need to be sensible without any shaved patterns.
- If you want to wear make-up it needs to be really simple, natural and invisible.
- You can wear earrings but you can only one stud or sleeper in each ear and you can wear a watch.
- The school does not allow students to have any piercing to your face or other parts of your body
- You are not allowed to wear nail varnish including gel polish and false nails

Equipment – What to Bring

Having the right equipment helps us feel prepared for the day. There are certain items that we must bring to school every day and these are:

- Black/blue pen x2 (blue or black ink)
- Red and green pens



- Pencils
- Ruler
- Sharpener
- 2 different colour highlighter pens
- Compass and protractor
- Coloured pencils
- Glue stick
- Scientific calculator
- Mini jack headphones

Break and Lunch Times

At break and lunch time we have our own area to relax and play with friends. We can go outside to play or eat and chat in the canteen. You will be given your own pin number on your first day at school, this is so that you can buy food from the canteen as they do not accept cash. When you go to the canteen you type in your pin and then you can then select the items that you want to eat from the dinner ladies. The food is really nice in school and there is lots to choose from. To get money on your account your parents can use a website called ParentPay and they can load money onto your dinner money account.

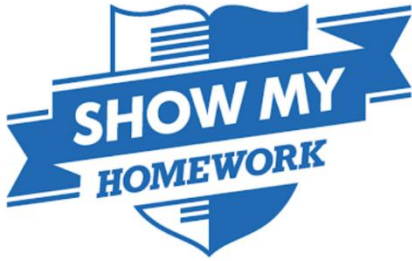
Getting to School

There are a few choices about how to get to school. Lots of people walk with friends as they live really close by but some do get the bus. There are two school buses and they come from Denton and Saltdean (which covers Telscombe and Peacehaven) and come right up to the school so you will never be late. The bus times are on the school website. There are also other buses that you can get to school that require a short walk. It's sometimes a good idea to test out your journey with an adult or older friend for the first time until you get used to it.

Cars can't come into the school car park because of the buses so if you get a lift, please get dropped off a little away from school. When you get to school there are always lots of teachers on duty that wave and say good morning!

Homework

We get set Homework weekly in each subject. All our homework can be seen on a website called Show My Homework. The website is good because it lists everything that

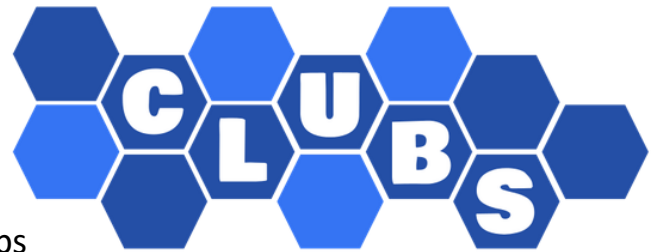


you need to do and tells you when it is due in. Some homework will be on other websites and teachers will give you the log in details for these. If you forget how to get into the websites, don't worry as there are guides on the school website or your teacher can help if you email them. You can also go to "Keep Up, Catch Up" to do homework

after school in a computer room. There are teachers there too to help you if you get stuck.

School Clubs

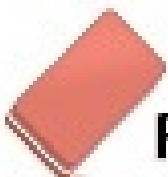
We love going to clubs to make friends, to learn new skills and because they are fun! We have lots of sports clubs and some others include Cookery Club, Film club, Lego club, Science club, Drama club and Art club. There are lots more and they change each term. A list will be emailed to you so you know what is going on and your tutors will remind you throughout the week. For most clubs if you want to take part you just turn up on the day but there are some that you will need to sign up for, you'll be told which ones by email and by your tutor.



What do I do if something goes wrong?

If you have a problem in school or something isn't going right you can talk to your tutor or your Pastoral Lead, they are always around to help!

If you don't feel like you can speak with someone then on the school website there is a rub it out button and you are able to report things on there.



RUB IT OUT

Pastoral Leads are always on duty at break and lunch in the Year 7 area along with other staff on duty. All



staff wear a bright orange jacket when they are on duty so they are really easy to be seen. The staff want you to feel safe and happy as much as possible so they will always listen to your problems and help.



If you want to find a particular teacher, the people who work in the office can help and try and find someone for you. They can also help you if you need first aid or to check for lost property.

Attendance

Going to school is really important and tutors talk to you each week about it. If it gets low then your tutor will put you on a tutor booklet to monitor it. The Pastoral Lead will speak to you and the member of staff who does attendance will call your parents.

96% and above 	90 to 95% You will be given a tutor booklet to monitor your attendance	90% and under 
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Behaviour

At Seahaven we always try our best in everything we do and want the best for everyone around us. That's why our school motto is 'The Best in Everyone'. To make sure that happens there are rules and routines we follow to make sure everyone is safe and that everyone learns the best. In our school we don't want our learning to be disrupted so it's important we follow the school rules. Your tutors and teachers will spend lots of time going through these with you when you start. They are really simple and easy to

remember so you don't need to worry and no one will be looking to catch you out.



One rule that is important to know before you start is that we aren't allowed to use our mobile phones in school. This is mostly to stop classes being disrupted but also so we can socialise with friends face to face and make sure that no one uses social media during school time, as we know sometimes people can use it to be unkind.

Finally, we hope you are looking forward to being a student at Seahaven Academy and that this information helps you. We have really enjoyed being in Year 7 and hope you will too.



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