



# FREE COMMUNITY LEARNING COURSES



To find out more or to book a space call 030 300 38212 or e-mail  
community.info@escg.ac.uk      Booking essential!

Course	Venue	Dates	Times
<b>Next Steps in Drawing</b> Develop your drawing skills further under the guidance of our experienced art Instructor. <i>Suitable for anyone who has already completed our 'Drawing for Beginners' course.</i>	East Sussex College, Cross Levels Ways, Eastbourne, BN21 2UF	<b>6 week course</b> Wednesdays 8th, 15th, 22nd, 29th January, 5th & 12th February	10:00am—1:00pm
<b>Mindful Living</b> Learn Mindfulness practices to help manage stress, anxiety and low mood and enhance your general wellbeing. Develop your ability to move from chaos to calm.	East Sussex College, Cross Levels Ways, Eastbourne, BN21 2UF	<b>5 week course</b> Wednesdays 15th, 22nd, 29th January, 5th & 12th February	1.30pm—3.30pm
<b>Experimental Felt Making</b> Explore the textile technique of wet felting and create a range of experimental pieces across the four weeks. No experience needed; just come and have fun being creative.	East Sussex College, Mountfield Road, Lewes, BN7 2XH	<b>4 week course</b> Wednesdays 15th, 22nd, 29th January & 5th February	10:30am—1:30pm

Courses are fully funded for adults aged 19+  
Courses limited to two per person per term

Course	Venue	Dates	Times
<b>Experiments in Textiles</b> From fabric printing, to weaving and patchwork join this course to create some beautiful textile based craft items. Basic materials will be provided but please bring any scrap textile pieces you might have. No experience necessary/all levels welcome.	East Sussex College, Denton Island, Newhaven, BN9 9BN	<b>4 week course</b> Wednesdays 22nd, 29th January, 5th & 12th February	10:30am—1:30pm
<b>Creative Writing workshop</b> This one-day workshop will give you tips and guide you to make your story compelling for the reader. You will look at key elements such as character, structure and editing.	East Sussex College, Mountfield Road, Lewes, BN7 2XH	<b>1 day workshop</b> Wednesday 4th March	10.00am—4.00pm

To find out more or to book a space call 030 300 38212 or  
e-mail: [community.info@escg.ac.uk](mailto:community.info@escg.ac.uk)

