



winter/spring 2020

Welcome to our iContact events for January - March 2020.

iContact is an autism support organisation run by parent carer volunteers for parent carers and those supporting autistic children and young people.

We run monthly events that take place at:
The Phoenix Centre, 26 Malling Street, Lewes, BN7 2RD

All events run from 7pm until 9pm
Thursday evenings, once a month.

There is no need to book for the support groups in Jan and Feb, just come along. To book for the March workshop email:
info@icontactautism.org
There is a suggested donation of £3 per person on the door.
For more information or to join our mailing list email:
info@icontactautism.org

23rd Jan:

Support group: well being and self regulation with Liza Chinery. Come along to meet other parent carers for peer support, to share and discuss well being and self regulation.

27th Feb:

Support group: building positive relationships with schools with Liza Chinery. Come along to meet other parent carers for peer support, to share and discuss how to build positive relationships with school.

26th Mar:

East Sussex Parent Carer Forum and feedback from parent carer survey with representatives from ESPCF, iContact and ImPACT.



Together we can make a difference

To find out more about iContact or to join our mailing list, email us or visit the links below:

 info@icontactautism.org  www.icontactautism.org  [@iContact_Autism](https://twitter.com/iContact_Autism)  [@iContactAutism](https://facebook.com/iContactAutism)