



**Seahaven Academy**  
The best in everyone™  
Part of United Learning

KAH

10<sup>th</sup> September 2019

Dear Parent/Carer

**PE Lessons at Seahaven Gym**

I am writing to inform you that your son/daughter has the opportunity to use Seahaven Leisure Centre for weight training and fitness as part of their Physical Education course.

Your son/daughter will work towards an induction card, which will enable them to use the weight-training suite at Seahaven and Peacehaven in their own time once they have completed the course. The students will be taught to use the equipment safely and will devise a programme, which suits their fitness needs. The cost of each session will be £2.50 and students will be taught for six consecutive lessons. Therefore, the overall cost will be £15. This must be paid and permissions completed on ParentPay prior to the start of the course.

|              |                                 |
|--------------|---------------------------------|
| Year 10      | Wednesday                       |
| Starting     | 18 <sup>th</sup> September 2019 |
| Last session | 23 <sup>rd</sup> October 2019   |

Students will be signed off the school site by their teacher and walk to Seahaven Gym. Students are required to meet their Physical Education teacher outside Seahaven Gym to register at 1.15pm. They will be able to leave Seahaven Gym at 2.15pm. Any student, who has forgotten kit or has a note from home excusing them from Physical Education, must see their teacher at break time in the PE office to explain and for arrangements to be made for them. Non participants will not be permitted into the weight training suite and unfortunately will not be entitled to a refund for the session.

All students are expected to participate fully, in correct Seahaven Academy Physical Education kit and behave accordingly. If any student does not follow the rules or their standard of behaviour is unacceptable they will be given an appropriate sanction and will not be permitted to use Seahaven Gym in future sessions.

If you have any concerns or would like to discuss anything regarding the use of the weight-training suite, please do not hesitate to contact your child's Physical Education teacher at the school.

Yours sincerely

Kelly Hunter  
Acting Head of PE



**Principal Sarah Pringle**

United Learning comprises: UCST (Registered in England No: 2780748. Charity No. 1016538 and ULT (Registered in England No. 4439859. An Exempt Charity). Companies limited by guarantee. VAT number 834 8515 12.

Seahaven Academy  
Southdown Road  
Newhaven  
BN9 9JL  
t 01273 517601  
f 01273 611182

e [office@seahavenacademy.org.uk](mailto:office@seahavenacademy.org.uk)  
www.seahavenacademy.org.uk