

LUNCH WEEK

1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

50% Plant Based Bolognese, Garlic Bread & Salad

Marinated Chicken Pieces, Wings & Sides

Roast Pork Loin Apple Sauce Apricot & Parsley Stuffing, Gravy.

Delhi Tikka Chicken Masala, Rice and Sides

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

MAIN MEAL #TWO

Quorn Mince Ragù

Spicy Bean Burger, Sweet Chilli & Lettuce

Mac n Cheese

Mughlai Vegetable Korma, Rice & Sides

Fajita Spiced Vegetable Fajitas

HANDHELD

Pepperoni Pizza Slice

Cheese Panini

Margherita Pizza Slice
Chicken Fillet Burger, salsa & cheese

Triple Cheese Panini

Fish Finger Ciabatta, lettuce & mayo

Triple Cheese Panini

BBQ Chicken flatbread

Tandoori Chicken flatbread

BOWLED OVER

Vegan Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

Pasta Kitchen

DESSERTS

Chocolate & Mandarin Brownie

Peach Upside Down cake

Toffee Apple Crumble

Lemon Drizzle

Jam & Coconut Sponge

caterlink
feeding the imagination

meal
DEALS

£2.16

JACKET STATION

Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

ALLERGIES

PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

COMING SOON

Look out for our special offers and themed menus

Bowled Over

Pasta / rice / noodles served daily with different toppings!

VEGAN OPTIONS
AVAILABLE DAILY!

THE UPROOTED KITCHEN

LUNCH WEEK

2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Meatball Marinera
Garlic & Herb
Seasoned Wedges

Flavoured Chicken
Strips in Flatbread
with salads &
sauces

Roasted Turkey
Cranberry Sauce
Sage & Onion
Stuffing & Gravy

Madras Chicken,
Garlic Rice & Sides

Battered Fish,
Chips, Peas, Lemon
& Tartare Sauce

MAIN MEAL #TWO

Vegan Veggie Chilli
Garlic & Herb
Seasoned wedges

Falafels &
Houmous In
Flatbread with
salads & sauces

Mac n' Cheese

Mughlai Chickpea
& Lentil Dahl
Garlic Rice & Sides

Saveloy
Fishcake

HANDHELD

Pepperoni Pizza
Slice

Cheese Panini

Cheese & Red
Onion Panini

Chicken Flatbread

Cheeseburger

Margherita Pizza
Slice

Tikka Folded Naan
with mint yoghurt
& Bombay slaw

Quorn Dog, Onions
& Salsa

BOWLED OVER

Pasta Kitchen

Flavoured Chicken
& Cous Cous

Pasta Kitchen

Noodle Street

Pasta Kitchen

DESSERTS

Chocolate & Apple
Cake

Orange Bread &
Butter Pudding

Berry Crumble

Carrot & Courgette
Sponge

American Pancakes
& topper

caterlink
feeding the imagination

**meal
DEALS**

£2.16

JACKET STATION

Sweet potatoes and Jacket
potatoes with various
fillings on offer including:
cheddar cheese, baked
beans and tuna with
mayonnaise

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and themed menus

Bowled Over

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with different toppings!

**VEGAN OPTIONS
AVAILABLE DAILY!**

**THE
UPROOTED
KITCHEN**

LUNCH WEEK

3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Bangers & Mash

Beef Chilli served with rice & sour cream

Roasted Honey Glazed Gammon & Gravy

Chicken Tikka Masala, Rice & Sides

Battered Fish, Chips, Peas, Lemon & Tartare Sauce

MAIN MEAL #TWO

Veggie Sausage & Mash with Gravy

Roasted Vegetable & Feta Burrito

Mac n' Cheese

Mughlai Vegetable Korma, Rice & Sides

Fishcake Jumbo Sausage

HANDHELD

Pepperoni Pizza Slice
Cheese Panini

Loaded Nachos
Sweet Chilli Chicken Wrap

Roast Gammon Bap
Margherita Pizza Slice

Chicken Pizza Slice
Pizza Melt Panini

Falafel & Hummus
Pitta pockets

BOWLED OVER

Pasta Kitchen

Vegan Nuggets & wedges

Noodle Street

Pasta Kitchen

Pasta Kitchen

DESSERTS

Eves Pudding

Warm Red Cherry Pancake

Wholemeal Apple & Cinnamon Crumble

Sticky Toffee Pudding

Chocolate Sponge

caterlink
feeding the imagination

meal Deals £2.16

JACKET STATION

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COMING SOON

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Bowled Over

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VEGAN OPTIONS AVAILABLE DAILY!

THE ROOTED KITCHEN