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Year 7 Activity Pack and Teacher Welcome



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Hello

We hope that you are well and are looking forward to life at Seahaven Academy.

We know that secondary school tends to be a lot bigger than primary schools and that you might be curious to know who's who at Seahaven and what they do. This activity pack has been put together to introduce you to some of the key departments and members of staff you'll be working with in September. Each department has included some information about their subject and what you can expect when you start with us.

You will also find some fun activities to complete over the summer, which we will collect in during the first week of term. We will celebrate all work we receive and there may even be prizes for the best work!

Once again, I'd like to reiterate how excited we are that you are joining the Seahaven community and we are very much looking forward to meeting you soon.

Miss Giles



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The Year 7 Team



Mrs Kennedy – Pastoral Lead

Hello year 7, my name is Mrs Kennedy and I will be your Pastoral Lead. I will be here to support you and your parent/carers throughout the year. I can help with uniform expectations, behaviour and any other concerns you may have. I look forward to getting to know you all.



Ms Giles – Director of Year 7 and Transition

Year 7 is all about building positive relationships and establishing clear, proficient, and healthy routines. As your Head of Year, it is a privilege to help you navigate your own, unique journey of learning and discovery. I am excited to share your successes as well as support you when things don't go quite to plan. The next five years will help shape who you are as a person, and you will create memories here that will last a lifetime.



Mr Honeybourne – Assistant Head Teacher

As the Assistant Headteacher for year 7 I'm looking forward to working with you and challenging you to become the best version of yourself. Seahaven Academy presents so many opportunities for you to grow and develop, and we will support you on your journey through the school. It's time to get excited about becoming part of our community.



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The Year 7 Team would like you to create an “All About Me” document.

This can take the form of a collage/letters/photos/poster, telling your tutor and your new class all about you, your family, your interests, etc. Bring this with you and hand to your tutor on the first day in September. Alternatively, you can keep a diary of what you get up to over the summer holidays.



Bring this in with you when you come to Seahaven in September. All the profiles will be displayed and there will be a competition with prizes for the best ones.



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English Department



Mrs A Hennig
Head of English



Ms C Johnson
English Teacher



Ms R Kavanagh
Head of Literacy/English Teacher



Miss C Planella
English Teacher



Ms Giles
Director of Year 7 and Transition and English and Drama Teacher



Miss M Stonebridge
English Teacher



English – The POWER of words

In English, words are important. Really important. This task is about playing with words. Read Dean Atta's poem and then create **YOUR** poem. This is **YOUR** chance to experiment with words and express some of the things that matter to you.

We look forward to reading your words.

I Come From by Dean Atta

I come from shepherd's pie and Sunday roast
Jerk chicken and stuffed vine leaves
I come from travelling through my taste buds but loving where I live
I come from a home that some would call broken
I come from D.I.Y. that never got done
I come from waiting by the phone for him to call
I come from waving the white flag to loneliness
I come from the rainbow flag and the union jack
I come from a British passport and an ever-ready suitcase
I come from jet fuel and fresh coconut water
I come from crossing oceans to find myself
I come from deep issues and shallow solutions
I come from a limited vocabulary but an unrestricted imagination
I come from a decent education and a marvellous mother
I come from being given permission to dream but choosing to wake up instead
I come from wherever I lay my head
I come from unanswered questions and unread books
Unnoticed effort and undelivered apologies and thanks
I come from who I trust and who I have left
I come from last year and last year and I don't notice how I've changed
I come from looking in the mirror and looking online to find myself
I come from stories, myths, legends and folk tales
I come from lullabies and pop songs, Hip Hop and poetry
I come from griots, grandmothers and her-story tellers
I come from published words and strangers' smiles
I come from my own pen but I see people torn apart like paper
Each a story or poem that never made it into a book.

1. **Make a list of the things that make you who you are –**
family/friends/skills/hobbies/
experiences
2. **Using your list, write down some ideas for your “I come from” poem**
e.g. I come from playing football:
always in defence/ I come from
making friends on my first day at
school
Don't worry about the order yet –
just get some lines together!
3. **Now you have some lines – have a go at putting them into groups.**
Could you link all the lines about
food for example, like Dean Atta
does at the start of his poem?
Could you add in some line about
experiences which have shaped you
– look at Atta's lines:
 - I come from who I trust and
who I have left
 - I come from being given
permission to dream but
choosing to wake up insteadThink about times which have made you
incredible happy, proud, excited or sad.
Could this be a line in your poem?
4. **Now put it all together – think
about your ending. How could you
sum yourself up in one final line?**



Maths Department



Miss N Stokes
Head of Maths



Mr J Bartle
Assistant Head of Maths



Miss S Coventry
Maths Teacher



Miss K Allan
PE/Maths Teacher



Ms A Macdonald
Maths Intervention Tutor



Maths Challenge



You have 1 pair of balance type scales.

You have 8 marbles, all exactly the same size.

7 marbles weigh exactly the same. 1 weighs a bit less

You can do the weighing twice using the scales. NO more!

You can weigh as many marbles as you like for each weighing.

Can you figure out which marble weighs less than the others?

*This is NOT
a trick
question!*



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Science Department



Ms A Brookes
Head of Science



Mrs P Godwin
Science Teacher



Mrs K Baker
Science Teacher



Ms Z McCaig
Assistant Head of Science



Mr T Fox
Science Teacher



Mr C Hooker
Senior Science Technician



Miss S Dickinson
Science Technician



Mr W Nelson
PE/Science Teacher



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Local wildlife identification challenge

Step One

Take a picture of two organisms (animal, plant, fish or insect) somewhere around (but not inside) your home. You can draw them if you want to!

Step Two

Find out what it is!

Is there an app that can help me?

There is, it is called Seek. Give it a go if you like, but if you do, please use screen shots in your write up

Step Three

Write it up!



Raccoon



Striped skunk



Beaver



Gray squirrel



White-footed mouse



Whitetail Deer

Your write up needs to include:

A picture

Where you found the organism?

What it is? (common name plus the Latin name please)

What resource or website did you use to identify it?

3 Interesting Facts



Coyote



Red fox



House cat



Mink



Otter



Dog



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Humanities Department



Mr J Fielding

**Head of Humanities/
Geography Teacher**



Mr J Tilott

Head of History



Ms C Price

Geography Teacher



Ms M Moore

History Teacher



Miss N Johnson

Religious Studies Teacher



Miss H Christy

Religious Studies Teacher



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Welcome to Geography – The world is your oyster!



Label on the map- (Use a rule to annotate as example shown)

7 continents

Oceans: Atlantic, Pacific, Indian, and Arctic.

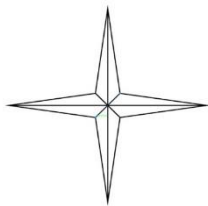
Countries: United Kingdom, Australia, USA, Russia.



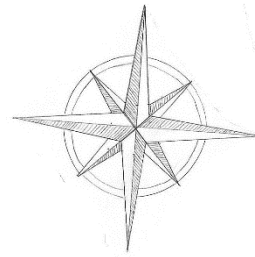
The Compass Rose

1. Complete the two compass roses below, one is a four-point compass, the other is an eight-point compass.

Four Point Compass



Eight Point Compass



2. To help you remember the correct order of the four cardinal points always recite the following and fill in the blanks: NEVER EAT SHREDDED WHEAT:

N _____ E _____ S _____ W _____

Research a country in Africa or Asia

Country _____ Capital City _____ A river in the country _____

If you want to do a bit more.....

Create a mini project on this country giving details of location, language, food, points of interest.



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Creative Arts Department – Drama and Music



Miss T Pointing
**Head of Performing Arts/
Drama Teacher**



Ms D Bennett
Head of Music



Ms Giles
**Director of Year 7 and Transition and English and
Drama Teacher**



Mr J Hughes
Music Tutor and Technician



Drama

Practise your Drama skills by miming the following situations



Mime

Using mime, pretend to be...

a weather presenter.

Think about the way they might move, their body language, their facial expression and what they might be doing.

Mime

Using mime, pretend to be...

an angry car driver.

Think about the way they might move, their body language, their facial expression and what they might be doing.

Mime

Using mime, pretend to be...

someone winning a race.

Think about the way they might move, their body language, their facial expression and what they might be doing.

Music

Create a 4-beat body percussion pattern to introduce yourself.



Watch the video <https://www.youtube.com/watch?v=OxxC-g6f5nU> for examples of how to do this. Rehearse your pattern so that you can introduce yourself in a musical way in your first music lesson in September.

If you want to do a bit more

Create more 4-beat patterns using other information about yourself e.g. My favourite song is.....



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Visual Arts – Art, Design Technology and Food



Ms C Christensen

Art and Photography Teacher



Miss C Murray

Head of Visual Arts/ Art Teacher



Ms S Shakir

DT and Food Teacher



Ms R Viflic

DT and Art Technician



Mr J Passco

Art and DT Teacher



Ms Y Aeberhard

DT Teacher



Ms T Lomas

**Food Technology
Technician**



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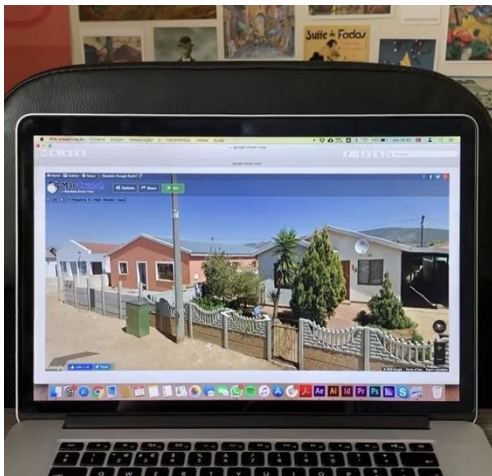
Visual Arts - Postcards from Google Earth

It looks like we won't get to travel too far this year but we can still see the world via Google Earth.

Challenge: make a postcard or two by visiting somewhere you'd like to travel to or have done in the past. Try searching for it on Google Earth (the app is free).

Step One

Find a Google Earth Image you want to draw



Step Two

Then get a piece of card (maybe from the recycling box) and cut it to the size of a postcard (148x105mm)



Step Three

Sketch the outline of the image carefully. Then using whatever materials you have at home (paint, markers, pencils, crayons) add colour to the image you have drawn



Step Four

Why not send your postcard to Seahaven Academy for the Art teacher to display in school and also email a copy to murrayc@seahavenacademy.org.uk



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Languages Department – French



Mrs M Ayling
Head of KS3 MFL



Miss J Barrow
Head of KS4 MFL



Ms A Pardey
MFL Teacher



French - Translation

Le Corps - Body Parts

Design a monster/alien and label the body parts in French - use the vocabulary list below to help you.

Parts of the Body

Vocabulaire

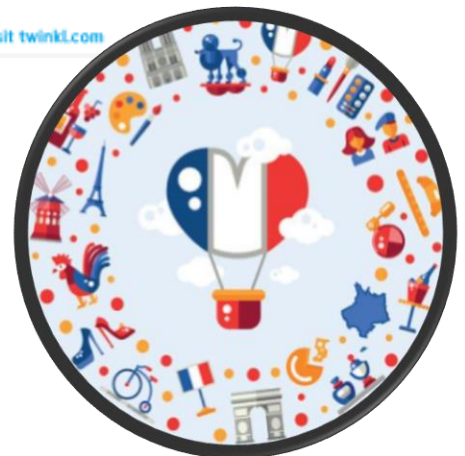
le bras- arm	le cœur- heart	le cou- neck	le coude- elbow
le dos- back	le doigt- finger	le genou- knee	le pied- foot
le poignet- wrist	<i>le ventre</i> stomach	la gorge- throat	la cheville- ankle
la jambe- leg	la cuisse- thigh	la main- hand	la tête- head
l'épaule (f)- shoulder	l'estomac (m)- stomach	les orteils/les doigts de pied- toes	

Try and sing along to these songs:

<https://www.youtube.com/watch?v=bChrAwLzoSo>

https://www.youtube.com/watch?v=L_hFw_cWg9U

https://www.youtube.com/watch?v=_sOZ6eQQggY



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PE Department



Miss K Hunter

Head of PE



Miss S Reed

PE Teacher



Mr W Nelson

PE/Science Teacher



Miss K Allan

PE/Maths Teacher



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Who is your favourite sports person?

Can you complete a page like the one below about your favourite sports person. They can be from any type of sport that you like.

CRISTIANO RONALDO:

Full name
Date of birth
Place of birth
Height
Position(s)

Cristiano Ronaldo dos Santos Aveiro
5 February 1985 (age 36)
Funchal, Madeira, Portugal
1.87 m (6 ft 2 in)
Forward



Ronaldo is a sportsman that I admire hugely, he is not only one of the best footballers to play the game and has numerous records to his name:

You can check out his achievements here

https://en.wikipedia.org/wiki/List_of_career_achievements_by_Cristiano_Ronaldo#Individual_honours

He has something that places him above other players and that is a ruthless determination to succeed. If he was not the best at something rather than accepting that he simply trained harder, put more hours in on the training pitch, spent more time in the gym and studied more.

He is a fantastic example to any young individual and shows that hard work and determination will inevitably lead to success.



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Senior Leadership Team



Mrs S Pringle
Headteacher



Ms M Christodoulou
Deputy Head Teacher



Mr M Newnham-Reeve
Deputy Head Teacher



Mr L Honeybourne
Assistant Head Teacher



Mr J Davies
Assistant Head Teacher





Mrs C Macey

**Director of
Learning Support and SENCo**



Mr C Storey

Director of Key Stage 3



Mr M Haferník

Director of Key Stage 4

Office Staff



Mrs K Chandler

Administration Manager



Mrs L Baker

**Receptionist and Office
Assistant**



Mrs W Barton

Office Assistant



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Mrs C Wood

**School First Aider and
Administrator**



Miss R Lloyd

Attendance Co-ordinator



Miss G Lott

Exams and Data Officer

SEND and Teaching Assistants



Mrs C Macey

**Director of
Learning Support and SENCo**



Mrs J Cook

Assistant SENCo



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Miss S Brown

Senior Teaching Assistant



Mrs E Pollard

Senior Teaching Assistant



Mrs C Cornford

Senior Teaching Assistant



Miss E Janio

Senior Teaching Assistant



Mr S Ford

Senior Teaching Assistant



Mrs P Ward

Senior Teaching Assistant



Mr M Young

Senior Teaching Assistant



Miss G Turner

Senior Teaching Assistant



Mrs T Barry

Teaching Assistant Dyslexia



Ms N Trickett

Individual Needs Teaching Assistant



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Student Support



Mrs L Thomas

Pastoral Support Manager



Mrs A Bosley

Pastoral Lead



Miss L Desmond

Pastoral Lead



Ms K Furminger

Pastoral Lead

Cover Supervisors



Mrs S Moon

**Teaching Support
Manager**



Mrs E Payne

Cover Supervisor



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Site Team



Mr S Dawson
Premises Manager



Mr D Standing
Premises Officer



Mr J Avenell
Premises Assistant

Dinner Ladies





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