



Seahaven Academy

The best in everyone™

Part of United Learning

JAL/KC

5th May 2021

Dear Parents/Carers

Personal, Social, Health and Economic (PSHE) Education Programme

As a part of your child's education at Seahaven Academy, we promote wellbeing and personal development through a comprehensive Personal, Social, Health and Economic (PSHE) Education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that during the week beginning 17th May 2021 students in years 7-10 will be taking part in lessons, which will focus on the Relationships, Sex and Health Education (RSHE) aspect of this programme. Year 11 will be undertaking their RSHE during the week beginning 14th June. Some of this content has been moved due to the national lockdowns in both 2020 and 2021 meaning we were not able to deliver this content when originally planned.

Lessons will include students learning about healthy relationships, growing and changing, changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Students will also have opportunities to ask questions. Please see the specific content for each year group in the table below.

Year 7	Puberty; periods; consent; healthy relationships
Year 8	Different types of relationships including same sex; forced marriage; healthy relationships.
Year 9	Consent; contraception; STIs; Sexual Health
Year 10	Contraception; STIs; Sexual Health; HIV/AIDS
Year 11	Breast and testicular examination; Sex in the media; consent and coercion; teen pregnancy and parenthood; contraception; STIs

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our broader PSHE curriculum.

If you would like to find out more about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home then

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please contact Ms Lewis and Ms Johnson. As a school community, we are committed to working in partnership with parents; parental feedback last summer indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme.

As a parent, you do have the right, if you wish, to remove your child from the sex education element of the PSHE programme if your child is in years 7-9. If you would prefer your child not to participate in these lessons then please put your request in writing to the Head Teacher, Mrs Pringle and copy to Ms Lewis, by Friday 14th May. If your child is in years, 10 or 11 and you have concerns then please contact Ms Lewis or Ms Johnson to discuss in more detail.

Yours sincerely,

Jayne Lewis (Assistant Head Teacher) and Natalie Johnson (PSHE Coordinator)

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