



Seahaven Academy

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Part of United Learning



The drug education charity

2nd December 2021

Dear Parent/Carer

RE: Year 10 PSHE – Daniel Spargo-Mabbs Foundation

On Wednesday 8th December, Ruth James from the DSM foundation will be speaking to our year 10 students.

The Daniel Spargo-Mabbs Foundation is a drug and alcohol education charity set up by Fiona and Tim Spargo-Mabbs in 2014 after the tragic death of their 16-year-old son Daniel as a result of taking ecstasy.

The aim of the charity is to support young people to make safer choices about drugs, and the Foundation is now working with students, teachers, parents/carers and professionals in around 350 schools, colleges and community organisations across London and increasingly further afield too.

The Foundation speaker will be telling Dan's story and covering the following:

- The effects and risks of drugs and alcohol
- Factors that affect their decisions about drugs and alcohol, including teenage brain development and the role of peer influence
- Drugs and the law
- Practical strategies to help young people stay safe

If you'd like to find out more about the DSM Foundation, please visit www.dsmfoundation.org.uk, where there is also information for parents and carers.

Should you have any questions or concerns about the production, please contact me johnsonn@seahavenacademy.org.uk

Yours sincerely

Miss N Johnson
Head of PSHE



Principal Sarah Pringle

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