



# Seahaven Academy

The best in everyone™

Part of United Learning



The drug education charity

24<sup>th</sup> November 2021

Dear Parent/Carer

**RE: Year 11 PSHE – Daniel Spargo-Mabbs Foundation**

On Wednesday 8<sup>th</sup> December, Ruth James from the DSM foundation will be speaking to our year 11 students.

The Daniel Spargo-Mabbs Foundation is a drug and alcohol education charity set up by Fiona and Tim Spargo-Mabbs in 2014 after the tragic death of their 16-year-old son Daniel as a result of taking ecstasy.

The aim of the charity is to support young people to make safer choices about drugs, and the Foundation is now working with students, teachers, parents/carers and professionals in around 350 schools, colleges and community organisations across London and increasingly further afield too.

The Foundation speaker will be telling Dan's story and covering the following:

- The effects and risks of drugs and alcohol
- Factors that affect their decisions about drugs and alcohol, including teenage brain development and the role of peer influence
- Drugs and the law
- Practical strategies to help young people stay safe

If you'd like to find out more about the DSM Foundation, please visit [www.dsmfoundation.org.uk](http://www.dsmfoundation.org.uk), where there is also information for parents and carers.

Should you have any questions or concerns about the production, please contact me [johnsonn@seahavenacademy.org.uk](mailto:johnsonn@seahavenacademy.org.uk)

Yours sincerely

Miss N Johnson  
Head of PSHE



**Principal Sarah Pringle**

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