

# Social Networking

Most online services offer some safety features that can help you manage access to age-inappropriate content, report concerns or protect privacy.

It is a good idea to think about the sites and services your family uses, and check out which features these sites have that might be helpful for you. Talk to your children and make sure they know how to use the tools on the sites and services they use.



Visit: <http://www.saferinternet.org.uk/> where you can download, get further security information and

Quick Note:

As parents/carers and teachers we are key role models to our young people and need to set the example on social networking. You may want to think about the following:

What comments are you posting?

What are you sharing? Who are you sharing it with? Is it appropriate? Photos and messages.

Who has access to your account?

Are you modelling the behaviour you expect your children to follow?



# Mobiles



Smartphones provide a variety of interesting activities and ways for young people to engage with their friends and families.

However, it is important to be aware of what these devices can do and how you can talk with your child to help them to use this technology in safe and positive way.

## Three steps for parents:

- 1) When you sign up to a mobile contract, make sure that you and your child understand the contract's internet data allowance.
- 2) Understand the capabilities of smartphones and how you as a parent can support your child to be smart and safe in their smartphone use.
- 3) Talk with your child about safe and responsible smartphone use and agree a set of family rules.



# Talk About It!



It is really important to chat with your children on an on-going basis about staying safe online.

## Not sure where to begin?

## These conversation starter suggestions can help.

1. Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
5. Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?



# Introduction

The internet is always changing and being able to keep up to date with your children's use of technology can be a challenge, especially if you feel that your children may have better technical skills than you do!

However, children and young people still need support and guidance when it comes to managing their lives online and using the internet positively and safely.

At Seahaven Academy we are committed to the safe use of technology. We understand the important part that technology now plays in people's lives from students to parents.

This leaflet is designed to give parents/carers a few pointers that they might want to consider with their children. Our goal is to have more conversations between young people, parents/carers and teachers discussing technology and how we use it.

# Useful Websites

For further information and resources visit these websites leaflets, attend one of our school workshops or speak to:  
Mr Ferdowsian or Mr Punter.  
[ferdowsiana@seahavenacademy.org.uk](mailto:ferdowsiana@seahavenacademy.org.uk)  
[punter@seahavenacademy.org.uk](mailto:punter@seahavenacademy.org.uk)



<http://www.saferinternet.org.uk>



<http://www.childnet.com>



<https://www.iwf.org.uk>



<http://swgfl.org.uk>



<https://www.thinkuknow.co.uk>

# Safer Internet Day

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# Parent Guide



Play your part for  
a better internet  
**Safer Internet  
Day 2016**

#shareaheart  
[www.saferinternetday.org.uk](http://www.saferinternetday.org.uk)