



Careers resources for Year 11 students and their parents

Year 11 is a great time to start thinking about your pathway through life. We've put together some ideas to help you.

Find out who you are

Online quizzes can help you to identify your strengths and match them to jobs. Here are three to get you started:

<https://icould.com/buzz-quiz/>

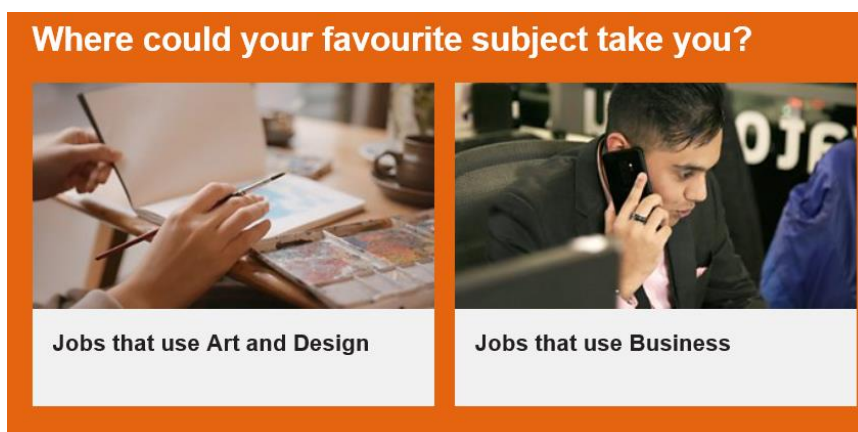


Or the Prospects website <https://www.prospects.ac.uk/planner>

The excellent Scottish Government careers website (you need to register first but you don't need to be Scottish!) <https://www.myworldofwork.co.uk/ican>

Investigate careers

Explore careers by looking at jobs relating to your **favourite school subjects or your interests**. Read job profiles on <https://icould.com/explore>, BBC Bitesize <https://www.bbc.co.uk/bitesize/careers> or Prospects <https://www.prospects.ac.uk/job-profiles> :





Focus on growth areas in places you'd like to live. These East Sussex industries are expanding:

Industry	Example job roles	Find out more
Construction	Architect, Civil engineer, Project Manager, Electrician, Quantity Surveyor...	https://www.goconstruct.org/
Engineering and manufacturing	Mechanical Engineer, Production Manager, Welder, Electronics Assembler...	https://www.tomorrowseengineers.org.uk/students/career-finder/ https://www.engineerjobs.co.uk/careers-advice/where-to-start/the-different-types-of-engineering-sectors https://www.wisecampaign.org.uk/what-we-do/expertise/welcome-to-my-skills-my-life/
Creative and Digital	Graphic Designer, Animator, Search Engine Optimisation Executive, Software Developer, Helpdesk Engineer, Website producer....	https://www.screenskills.com/careers/ https://thecreativeindustries.co.uk/industries https://ccskills.org.uk/careers/advice/article/a-creative-digital-career https://digital.nhs.uk/about-nhs-digital/careers/the-academy-at-nhs-digital
Health and Social Care	Health: There are 350 different job roles in the NHS... Social care: Social worker, Support Worker, Nursery Assistant	https://www.stepintothenhs.nhs.uk/ https://www.jobs.nhs.uk/ https://www.eastsussex.gov.uk/jobs/ https://www.skillsforcare.org.uk/Careers-in-care/Think-Care-Careers.aspx
Land-based Industries	Landscape Architect, Garden Designer, Farm Manager, Sales Manager, Agri-Technologist, Food Scientist....	https://www.golandscape.co.uk/ https://www.fwi.co.uk/careers
Visitor Economy	Chef, Retail Manager, Hotel Manager, Housekeeping Manager, Bar Manager...	https://www.caterer.com/advice/career-advice

Large employers are always a good place to look for a wide range of jobs. Two of the largest local employers are the NHS <https://www.jobs.nhs.uk/> and the County Council <https://www.eastsussex.gov.uk/jobs/>



Take action!

Start developing the skills that employers need

Yes, good grades in your GCSEs are important. But UK employers also want to hire people with a positive attitude, who have practical literacy and numeracy skills, good team working and communication skills, resilience and creativity – and are ready to work. The long summer holiday after GCSEs is an ideal time to gain experience and confidence. Here are some things you could try:

- **Volunteering** – search for local opportunities <https://do-it.org/> Take part in National Citizenship Service <https://www.ncsyas.co.uk/>
- **Part time jobs** – look online <https://www.e4s.co.uk/search/part-time-jobs> or <https://www.indeed.co.uk/> Check for job adverts in the windows of your local high street. Offer computer skills, garden maintenance or car cleaning services to your neighbours.
- **Work experience, job shadowing, or just talking to employers.** Contact local employers to ask if you can visit. Even a few minutes interviewing an employer about their job will be valuable and will boost your confidence. Here are some pointers for work experience: <https://www.c360.org.uk/education/careers/workexperience/wexguide>
- **Projects** such as blogging, making YouTube videos, DIY, bike repairs, selling on eBay will show your creativity and enterprise skills
- Attend **careers fairs, employer events, insight days** Target employers you're interested in and have a list of questions ready to ask them
- Look for **free online courses** <https://www.open.edu/openlearn/free-courses> <https://www.futurelearn.com/courses> <https://www.reed.co.uk/courses/free> or **get a digital badge in coding** <https://idea.org.uk/>
- Enter an **art, science or writing competition** <https://schoolreadinglist.co.uk/competitions-for-children/childrens-writing-competitions/> <http://www.schoolscience.co.uk/competitions> <https://www.studentartguide.com/resources/high-school-art-competitions-list>
- Take part in an **industry or university event or summer school**. Google to find examples.

Get support

Talk over your career ideas with people you trust – ask them what they think your strengths are and see if they can introduce you to employers. Role-play phone calls and interviews, so that you feel comfortable speaking to employers. If travelling makes you nervous, try out the journey to work before you visit an employer.

For more help and advice, speak to your school or college's careers advisor.

Guidance is also available from the National Careers Service on 0800 100 900 or use webchat <https://nationalcareers.service.gov.uk/webchat/chat/>