

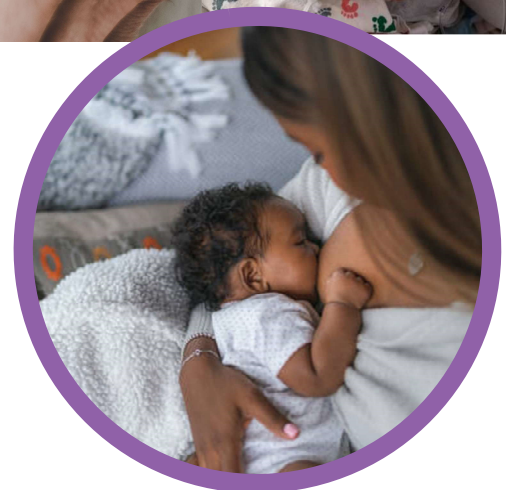


Bump and Beyond

Breastfeeding workshop

 Selected Tuesdays 10:00-12:30

 Virtual



- Free virtual Breastfeeding workshop for expectant parents living in East Sussex
- Topics include getting off to the best start, practical tips, responsive feeding, where to access support and more
- Our workshop is run by Infant Feeding co-ordinators, midwives and community nursery nurses
- Attendance at our workshop has been shown to increase positive breastfeeding outcomes

Scan the QR Code to register your interest via our enquiries form

Or type this link into your browser <https://forms.office.com/r/TgtqMACn6b>



Updated 24/11/2023

For more information please call Charlotte 01424 726448
or email bumpandbeyond@eastsussex.gov.uk



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